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JAN 20 WESTBOROUGH
UARY 18 COUNTRY CLUB

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welcome

The Silverman Family



Mr. Ethan Silverman, Mrs. Ashley Silverman & their two sons, Mack (7) & Mitchell (5) are excited to be members of the Westborough Family! One of the things they are most excited about is the convenience of the Club for their family. In fact, it's just a hop, skip & a jump away from them since they live right across the street!

Mr. Matthew Scherrer, Mrs. Audrey Scherrer & their two sons, Stanley (4) & Rod (1) all love the outdoors! Mr. Scherrer is apart of the St. Louis Orienteering Club, where he participates in running, canoeing, and mountain biking races that can last anywhere from 1-24 hours! Mrs. Scherrer has a love for cooking and runs Bittersweet Kitchen, making all-natural dessert sauces & gourmet brownies!



The Scherrer Family

The Randazzo Family



Mr. Jack Randazzo, Mrs. Mallory Randazzo & their daughter, Penelope (1) make up a very active family! They enjoy traveling, fitness, golfing, swimming & soccer! In fact, both Mr. & Mrs. Randazzo played college soccer. Mrs. Randazzo was a high school state champion & college national champion! They are hoping Penelope inherits the soccer gene as well!

Congratulations to Mr. & Mrs. Steve Davis on the adoption of their son, Joshua! Josh was brought home on September 21st, 2017. Mr. Davis remarks that "Josh's smile lights up a room!"



A New Addition

From left to right:
Josh (2), Jackson (9)
& Josie (5)

condolences



Mr. John Fechter

The Westborough community mourns the loss of longtime member, Mr. John Fechter, who passed away on December 14th at the age of 94. Our thoughts are with Mrs. Pat Fechter & the Fechter Family. Mr. & Mrs. Fechter have been members of Westborough for 44 years.

Mr. William Siebert

The Westborough community mourns the loss of former Club President (1998-1999), Mr. William (Bill) Siebert. Mr. Siebert passed away on November 22nd at the age of 84. Our thoughts are with Mrs. Patty Siebert & the Seibert Family. Mr & Mrs. Seibert have been members of Westborough for 43 years.



Dr. Charles Wunderlich

The Westborough community mourns the loss of another longtime member, Dr. Charles Wunderlich, who passed away on December 22nd at the age of 93. Our thoughts are with the Wunderlich family. Dr. Wunderlich was a member of Westborough for 43 years.

membership



Know any friends or family interested in a membership at Westborough? Our Guest Membership will give them full access with no commitment for only \$350 per month through June 30th! For more information, contact Membership Director, Lindsey Reichelt at lindsey@westboroughcc.com or (314) 858-9601



A Win for All

Westborough has been named as the winner of the Fight Against Hunger Holiday Food Drive benefiting the St. Louis Area Food Bank with a total of 4,352 food items donated! Our donations totaled 1,892 lbs and will provide 1,544 meals! A very special thank you to everyone who donated and The Hacienda Foundation of St. Louis & Motivation Technologies for their generous matches!

Meet Ellen



Ellen was thrilled to join the Westborough team in December as our Member Communications & Activities Manager! She is from Chesterfield, MO & graduated from The

University of Southern Mississippi in Hattiesburg, MS with a Bachelor of Arts in Communication Studies & a minor in Fashion Merchandising & Apparel Studies. She is excited to engage with our membership through email and our new social media platforms! In her free time, Ellen enjoys binge-watching Netflix & playing with her dog, Leftie.



If you would not like photos of you or your family to appear on our social media, please email our Member Communications Manager, Ellen Douglass at edouglass@westboroughcc.com to let us know.

Jennifer's Tips on How to Keep Your Health & Fitness New Years Resolutions



1. Find a workout buddy (or personal trainer!) to hold you accountable. It's always easier to make excuses when your choices don't affect others.
2. Treat yourself! When you reach a health or fitness goal, buying new workout clothing or equipment can help to keep you inspired.
3. Set a challenge. It can be anything you enjoy doing, such as committing to running every day or trying a new bodyweight exercise each day.
4. Start a fitness tradition with friends & family. Head out for a 5k run or walk or even play a friendly game of football or basketball!
5. Don't be too critical of yourself! If you skip a workout or make a bad food choice, your goal is not ruined. Don't let it set you back!
6. Try shorter workouts. Start small! Head out for a 15-minute jog or weightlifting session & build from there.

Westborough Group Exercise Class Schedule						
Tuesday, January 2 - Saturday, February 24						
Winter Session I of Group Exercise - 8 week session as of 1.02.18						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	Total Body Circuit Katie		Cardio Weight Training Tracy/Katie		Total Body Circuit Kelly	
8:00 AM		YogaBarLates Tracy		Chisel 45 min Tracy		
8:30 AM						XTREME H.E.A.T Trudy
9:05AM	WCC R.I.P.P.E.D Michelle			Torch & Train in 20's Trudy		
10:10 AM	Definitions Michelle		Definitions Michelle		TRX Works Tanya	
10:30AM		HIIT ME! 30 min Trudy				
11:00 AM		BUTTS & GUTS 30 min Trudy				
11:15 AM			Definitions Michelle		Pilates Mat Tanya	
5:30 PM		Deep Stretch Kelly	Total Body Circuit Trudy			

Get Ready for the Green

If you're a golfer & you're looking for something to do during the winter months to help improve your golf game, check out our golf fitness program! Lead by Titleist Performance Institute Certified trainer, Debbie Elking, you can see incredible improvements in a just a few sessions. Members who have taken advantage of this program have seen longer drives, increased flexibility, better stamina & endurance, better mobility, less pain & soreness, etc. After your initial assessment, Debbie and the TPI program will evaluate & come up with a personalized plan to fit your needs. This is a great way to make a positive impact on your golf game when the weather isn't conducive to playing outside. Call the Fitness Center at (314) 968-5301 or email Debbie at pt3@westboroughhcc.com to get started!



GOLF FITNESS

Titleist Performance Institute Golf Fitness Programs

These programs include:

1. Titleist Performance Fitness Assessment

This helps determine your golf performance's physical strengths and weaknesses and allows for a personalized fitness program to help improve your golf game.

2. Titleist Performance Fitness 6-week exercise program with a personalized workout planner and a complete video archive.

We offer three different Golf Fitness Packages

- a) Titleist Performance Fitness Assessment
- b) Titleist Performance 6-week exercise program
- c) One Personal Performance Training Session with Debbie Elking
Fee: \$200
- a) Titleist Performance Fitness Assessment
- b) Titleist Performance 6-week exercise program
- c) 5 Personal Performance Training Sessions with Debbie Elking
Fee: \$400
- a) Titleist Performance Fitness Assessment
- b) Titleist Performance 6-week exercise program
- c) 7 Personal Performance Training Sessions with Debbie Elking
Fee: \$515

For more information on these programs or if you would like to schedule a training, please contact Debbie Elking (pt3@westboroughhcc.com) 314-650-6445.





2017 brought Westborough many memories and laughs along with 61 new members, 5 new Club events, 3 new ways to find us on social media, and even a new sport!

Events

In 2017, WCC added several new events including Big Band Night, Yappy Hour, and Dueling Piano Night! One of the member and staff favorites had to be the Concert on the Course! In August, members jammed out to the sounds of Funky Butt Brass Band on the 12th tee while enjoying street fare food prepared by Chef Craig and his team. Through the Club's annual survey, a member shared that they "loved the Concert on the Course... [it was] such [a] great addition this year!" The 12th tee wasn't the only place rocking out this year! This past summer, WCC added live music nights on the pool patio and they were a hit! Events Director, Caitlin Johnson, echos this saying "any of the events that involve live music are my favorite. I'm a huge fan of seeing concerts and shows, so to be able to be a part of the planning process is most fun for me... plus, it's always great to see our members enjoying it as well!"



Overall, 2017 brought WCC an increase in attendance for all of our major club events. This could be attributed to WCC's "'thinking outside the box' approach to social events" that a member emphasized that they appreciate about Westborough. Caitlin believes that WCC is "very fortunate to have such an active membership that supports all of our different events!"

Aesthetically, WCC has also made exciting changes this past year, investing in new banquet chairs and new paint in the Glen Oak ballroom. According to Caitlin, both of these changes give a nice, neutral look to the ballroom that makes it easy to match any color scheme for private and Club events.

In 2018, be on the lookout for more music coming your way! Caitlin is looking forward to incorporating more live entertainment to existing events and even creating new events revolving around live entertainment.



Dining

In 2017, WCC launched the Fresh is Best concept, focusing on healthier and fresher dining options. Director of Food & Beverage, Dan Rolf, attributes WCC's increase in food and beverage revenues to the launch of the new concept. The members appear to agree, sharing that they have been "very pleased with the variety of menu items over the past year" and that they "feel like the quality and choice of food have improved greatly." 2017 was also the second year for WCC's Candle Light Dinner featuring an extravagant dinner buffet and the sounds of the Webster Groves High School Choir. Following the lead of many other WCC events in 2017, this event's

attendance also jumped in its second year!

In 2018, prepare to be WOW-ed by Chef Craig, his team, and food & beverage staff for the Prisoner Wine Dinner on January 25th. It will be an evening of delectable wine and food and one of the events that Dan is most looking forward to in 2018!

Golf

In 2017, members asked and WCC listened. There was substantial improvement of the conditioning of the golf course including re-leveling 8 tee boxes! Our members could tell—sharing that "the greens and fairways were spectacular this year!"

In 2018, Course & Grounds Superintendent, Tim Allen, and his crew are continuing to improve upon the golf course with many of these projects already underway!





They are working on the restoration and beautification of the creek, the replacement of the bridge on the back 9, trimming trees in order to improve the grass and health of trees, and opening new tees. All of these projects will ultimately improve the overall playability of WCC's beloved course.

Tennis



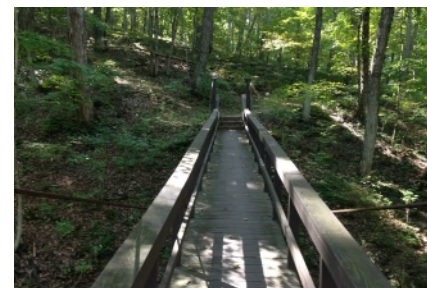
2017 brought a new sport to WCC—Pickleball. Pickleball is one of America's fastest growing sports and dubbed "a game for everyone," and we can see why! According to Tennis Director, Karim Madatali, Pickleball was "warmly received" at WCC. Karim notes that both tennis players and non-tennis players at Westborough have enjoyed the game and have participated in both the clinics and "friendly" tournaments this past Fall. In addition to this growing new pastime, three new events were added to the tennis program in 2017 including: the All Club Adult Tournament, The Member/Guest Tournament, and the Adult Singles League—all of which "generated a lot of excitement" adds Karim.

According to Karim, the tennis season started off with a bang with the Pro Am Tournament, featuring high-quality points and dazzling shot-making! In addition, Volleys and Cocktails on Friday evenings continued to be well-attended during the summer months. Closing the season out were 3 member-favorite tournaments in August: Parent/Child, Adult Singles Club Championships, and Adult Doubles Club Championships.

In 2018, Karim is looking forward to a summer full of leagues, clinics, and tournaments! "I love to see the members having fun and improving their games!" Karim concludes.

Fitness

In 2017, the Fitness Center "was happy to promote healthy and active lifestyles and encourage members in reaching their goals," shared Fitness Director, Jennifer Kates. The Fitness Center did just that, as they had a record number of participants for their health & fitness challenge, the Westborough Walkabout. The Fitness Center puts on this 6-week competition every Fall aiming to encourage members to engage in physical activity and attempt to get motivated right before the holiday season hits. In teams of 3, members accumulate minutes of exercise each week, along with performing various challenges along the way. This past year, they had 51 members competing for first place! "We saw some incredible feats last year, including lightning fast mile times, incredible distance broad jumps, impressive accumulations of sit-ups in a minute, and many more!" Jennifer reports. Members shared how much they loved the event as well adding that, "the Walkabout contest [was] a great idea!"



One of Jennifer's main highlights of 2017 were the seasonal hikes that are hosted by the Fitness Center taking place each Fall and Spring. According to Jennifer, these hikes are a great way for members to meet other members. This past year, they did a 7-mile hike in May at Rockwoods Reservations and a 6.5-mile hike in October at Don Robinson State Park. "I really enjoy the time of year that we plan these, the changing of the leaves makes for a gorgeous view, and the springtime air is always so fresh and nice to be a part of after a cold Winter!"

In 2018, Jennifer is excited for their upcoming Spring hike, although the location has yet to be decided. Jennifer also remarks that she, "look[s] forward to more accomplishments this year!"

Overall, WCC had a very exciting year on all fronts. General Manager, Jim Capek, shares that one of his highlights of 2017 was the Club's Master Plan presentation, detailing all the changes to be made to the Club in the coming years. As for now, members shared that, "we are clearly going in the right direction!"



Congratulations to our 2017 Two-Man Team Champions, Mr. Connor Mach & Mr. Chris Schmidt who competed with 61 other teams for the title. Our runner-ups were Mr. Alex Hazel & Mr. Matt Jarrell. Thank you to all of our participants!



Our Adopt-a-Hole #14 winners pictured above celebrating after conquering the back 9! Winners from left to right: Mr. Ted Gmeiner, Mr. Pete Benoist, Mr. Ed Gruener, Dr. Harry Brady, Mr. Gary Stitz & Mr. Mike Pacey.

New Year, New Me(nu)

With a new year, comes a new menu! This new menu includes everything that will make your mouth water from lobster ravioli tossed in ginger supreme sauce to pan seared crab cakes! How will you choose? We're here to help by providing a few of our new dish picks!

Appetizer:

*Garlic Marinated
Fried Shrimp*

These garlic marinated shrimp are breaded, deep fried & tossed in a tomato, lime & garlic dressing & served with an avocado coulis. Food & Beverage Director, Dan Rolf, excitedly shares that "they look fantastic and they will be very well received!"

Entrée:

*Grilled Rosemary
Lamb Loin Chops*

The Grilled Rosemary Lamb Loin Chops are described by Executive Chef, Craig Reinert, as "very tender and flavorful" The dish consists of 2-7 oz Porterhouse lamb chops that are prepared simply, marinated in rosemary & served with a natural reduction sauce, Anjou pear & date chutney.

Wine:

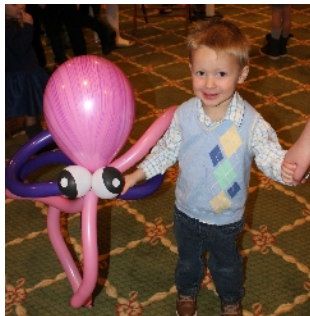
*Fortress Cabernet
& Titus Zinfandel*

Along with new dishes, includes new additions to our wine menu! Dan shares that Fortress Cabernet was one of the most talked about wines at our November Wine Tasting! Another new addition, Titus Zinfandel, is from one of Dan's favorite wineries. Dan adds that, "zinfandel is a wonderful wine to drink with a hearty meal, but also shines on its own!"

Gingerbread Party




Breakfast with Santa



Candlelight Dinner





Has your friend
or family member
said Yes?

Now is the time to say yes
to
Westborough
for a wedding!

For booking,
contact Events Director,
Caitlin Johnson, at
(314) 858-9602 or
events@westboroughcc.com

events

WHAT'S TO COME

2018 at a Glance

March

31st: Easter Egg Hunt

April

1st: Easter Brunch

12th: Jr. Programs Kickoff Party

15th: Tax Payers Buffet

May

5th: Derby Day Party

13th: Mother's Day Brunch

25th: Summer Kickoff Party

June

10th: Pro/Am Tennis Tournament

14th-16th: Member-Guest Golf Tournament

July

9th: Club Fishing Tournament

14th: Parent/Child Golf Event

August

5th: Concert on the Greens &

Parent/Child Tennis Tournament

16th-18th: Member-Member Golf Tournament

25th: Mr. & Mrs. Golf Club Championship

September

14th: Night Golf

15th & 16th: End of Season Wine Auction

October

28th: Trunk or Treat

November

9th: Stock Your Cellar Wine Event

23rd: Turkey Day Golf Tournament

December

8th: Gingerbread Party

16th: Brunch with Santa

23rd: Candlelight Dinner

Prisoner Wine Dinner
January 25th, 2018
Open reception - 6-6:30 dinner
In the Club Room
90/person



Join us for an evening of delectable wines & food pairings from Chef Craig. Please come, bring friends, & Enjoy!

TPW

Email: administration@westboroughhcc.com or call 314-968-5333 for reservations

Westborough's Social Bridge Club Friday, February 2nd



Gather at 5:30
Dinner at 6pm
Bridge to follow



Couples and singles of any skill level welcome, but must have a partner

Email: administration@westboroughhcc.com or Call 314-968-5333 for reservations

WESTBOROUGH'S SUPER BOWL PARTY LII
Sunday, Feb. 4th 5pm, Kickoff at 5:30

Come, relax, & watch the BIG GAME in the Glen Oak Room
Appetizer Buffet 18/person



Kids movie & buffet in The Club Room 10/child (Movie TBD)

administration@westboroughhcc.com or call 314-968-5333

Silent Wine Auction Weekend
Friday, February 9th - Sunday, February 11th

Largest Wine Auction we've ever done with more than 125 bottles of wine at unbeatable prices!

Silent Auction opens at 3pm on Friday and closes at 5pm on Sunday



February 18th
5:00 - 9:00pm

☆☆☆☆☆☆

FRIED CHICKEN
Night

☆☆☆☆☆☆

\$17 Adults ☆ \$10 Kids

Fried Chicken Dinner
Served with biscuits, green beans, mashed potatoes and gravy

Located in the Founders Room :: A la carte available
administration@westboroughhcc.com or call 314-968-5333



Romance is in the air!
Bring your sweetheart to celebrate your Love with a romantic dinner at the Club!

Valentine's Day

February 14th

Seating in the Westborough & Founders Room
Chef will have Valentine's Day Specials prepared as well as the full a la carte menu at regular Club prices.

administration@westboroughhcc.com or call 314-968-5333



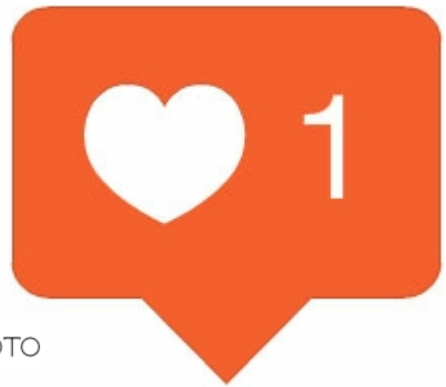
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78 likes

mollyshuff81 Breakfast with Santa 🎅🏻 #neverwakesleepingbaby 😊

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DECEMBER 17, 2017

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Liked by caitlin_clairej, ellen_douglass and 16 others

westboroughcountryclub The sun sets on another wonderful year at Westborough! What was your favorite Westborough memory from 2017? #views #newyears #westboroughcc

DECEMBER 31, 2017

sdioneda
Westborough Country Club >



25 likes

sdioneda Christmas Eve tradition at "our own little slice of heaven" #familyandfriendsareeverything #merrychristmas

DECEMBER 24, 2017

steph_douglass
Westborough Country Club >



Liked by ellen_douglass and 57 others

steph_douglass We added a pretty great addition to our table in 2017. ❤️

View 1 comment

JANUARY 1